ZONE B' 

ΑΠΑΘΕΙΕΥΔΑΙ:
- η χρήση οποιασδήποτε μορφής συσκευής παροχής οξυγόνου για αλιεία και υποβρύχια παρατήρηση.
- η οικοτροφική και απογείωση.
- η αλιεία από σκάφη Μέσας Αλιείας (γρι-γρι, ανεμόπτερες) σε απόσταση μικρότερη του 1,5 ναυτικού μίλιου από τις ακτές.
- η ελεύθερη κατασκήνωση και το ανάμια φωτιάς σε όλη την Κερατία έκταση.

ΕΠΙΤΡΕΠΕΙ:
- η Ερασιτεχνική Αλιεία σύμφωνα με τις ισχύουσες διατάξεις για τις Ελληνικές θάλασσες.
- η Επαγγελματική Αλιεία σύμφωνα με τις εξειδικεύσεις του ΟΔΕΚ 519/92.
- κάθε θάλασσα διασπιρότητα αναμυκτικά σύμφωνα με τις ισχύουσες διατάξεις για τις Ελληνικές θάλασσες.

FORBIDDEN ACTIVITIES:
- the use of any kind of oxygen supply gear for scuba-diving, fishing or under-water observation.
- shell-fishing and sponge fishing.
- fishing with Middle fishing vessels (gri-gri, purse seiners) within a 1.5 nautical mile radius of the island's coast.
- free camping and the lighting of fire anywhere on terrestrial ground.

PERMITTED ACTIVITIES:
- amateur fishing when practised according to the regulations in force for the Greek seas.
- professional fishing when practised according to the stipulations of the OΔΕΚ 519/92.
- all types of marine recreation foreseen by the Greek seas regulations in force.
ZONE A’

FORBIDDEN ACTIVITIES:
- amateur fishing anywhere within zone A, except around the island of SKANTZOURA, where it is permitted within 500m from its coast, only with certain fishing methods.
- the use of any kind of oxygen supply gear for scuba diving, fishing or underwater observation.
- shell-fishing and sponge-fishing.
- fishing with Middle fishing vessels (γυροφόροι ανεμόμετατες) within a 1.5 nautical mile radius of the island’s coast.
- hunting, except on the island of GIOURA and only by special permit.
- free camping and the lighting of fire anywhere on terrestrial ground.

PERMITTED ACTIVITIES:
- the entry of all floating vessels, as long as it has obtained the relevant entry permit from the Port Police station in Alonissos, and the marine recreational activities as described in the following paragraphs.

ISLAND OF PIPERI (the core of the NMPANS)

FORBIDDEN ACTIVITIES:
- the approach of any vessel within 3 nautical miles from the coast of the island.
- disembarkation on the island.
- to visit for scientific purpose (research, filming, etc.) without the required permit from the YPΕCHΩDE.
- The permit is issued upon submission of an application.

ISLAND OF GIOURA (Shelter for Scientific Research)

FORBIDDEN ACTIVITIES:
- the approach of any vessel within 400 metres from the coast of the island, except the professional vessels of coastal fishing.
- disembarkation on the island.
- to visit for scientific purpose (research, filming, etc.) with out the required permit from the YPΕCHΩDE.
- The permit is issued after submission of an application.
- to surpass the 10 miles/hour limit with a speed boat.
- within 2 nautical miles from the coast.

ISLAND OF KYRA PANAGIA (Seasonal Prohibition Shelter)

FORBIDDEN ACTIVITIES:
- the approach of any vessel except the professional vessels of coastal fishing, within 100 metres from the west and northwest coasts of the island i.e. from the cape of Kyra to the isle of Pilenissa.

PERMITTED ACTIVITIES:
- stopover for only one (1) night and only on board in the bays of AGIOS PETROS and PLANITIS, as long as the passengers and crew do not disembark on the island and adhere to the recommendations of the patrol and the relevant authorities.

THE REST OF ZONE A

FORBIDDEN ACTIVITIES:
- the passage of any type of vessel and the practice of professional fishing, during the period between 1 September - 15 November of each year.
  * around the island of PSATHOURLA and within 500 metres from its coast.
  * in the marine area 1.5 nautical miles northeast of the island of GIOURA (Pagos) and within a 500 metre radius.
  * in the marine area 100 metres from the west and north west coast of the island of KYRA PANAGIA.
  * in the marine area 500 metres from the coast of the island of SKANTZOURA and the neighbouring isles of KORAKAS, PRASSO, SKANTILLI and STROGGYLO.

PERMITTED ACTIVITIES:
- the transport of passengers with appropriately equipped vessels on and around the island of PSATHOURLA and other islands which belong to Zone A. The permitted activities are swimming, free diving, amateur photography and filming of the terrestrial and marine ecosystems.